

**At Home Weekly** is designed for you to use during the week with your son or daughter. You'll find out what they learned today at church and can help them prepare for next week by exploring the theme (or Ponder Point) and spending time together in God's Word.

## WHAT WE LEARNED JULY 15

### PONDER POINT: GOD'S SPIRIT RENEWS

Fruit of the Spirit and Galatia  
Galatians 5—6

## WHERE WE'RE HEADED JULY 22

### PONDER POINT: GOD IS CONTENTMENT

Letter to the Philippians  
Philippians 3—4

## DID YOU KNOW?

*Share these facts to get the conversation started.*

- Paul's letter to the Philippians overflows with joy, love, and peace.
- We gather from 2 Corinthians 8:2 that by the time Paul would have written this letter, the churches in the region of Philippi would have been suffering from poverty and persecution. Unlike other early churches, this church wasn't overcome by serious problems of doctrine, heresy, or sin.
- Paul most likely wrote the letter to the Philippians from Rome, during his imprisonment detailed in Acts 28. *From prison* Paul instructed the Philippians on how to have peace through trials. *While chained to two guards*, Paul told his readers how to do all things without grumbling and to rejoice in the Lord always.

## CONNECT AS A FAMILY

Before you read this week's passage, ask your children what makes them feel content. Do they think having more things would make them content? What are those things? Would they feel more content if certain situations in their lives were different? If so, what are those situations? Then read **Philippians 4:4–9**. Explain to your children that true contentment doesn't depend on what we possess or our circumstances. Instead, contentment comes from God.

*After reading the Scripture passage, discuss these questions together:*

- What does it mean to think about things that are true, noble, right, pure, lovely, and admirable?
- What are some examples of these things? • What should we do when we're anxious?
- Where in your life do you need God to help you be more content?

These questions can easily extend into the rest of the week. Look for opportunities to bring conversations about how God gives us contentment into your everyday life as a family.

## REMEMBER VERSE

*The Remember Verse focuses on a character trait of God that's highlighted in next week's portion of The Big God Story.*

**Now that one who has fashioned us for this very purpose is God, who has given us the Spirit as a deposit, guaranteeing what is to come.**  
2 Corinthians 5:5

## BLESSING

*Blessings are often used in the Bible. A blessing can be a prayer of commission, a portion of Scripture, or words to encourage and guide.*

A blessing to pray over your child:  
(Child's name), **may God give you contentment in both the easy times and the hard times. In every situation, may you trust that God is working everything together for good.**

For more information about blessing your child, talk to your ministry leader or see *Spiritual Parenting* by Michelle Anthony.