

ANXIOUS UNCERTAINTY

Sermon on the Mount | Family Devotion | Week 11

The Passage

Matthew 6:25-34

Questions

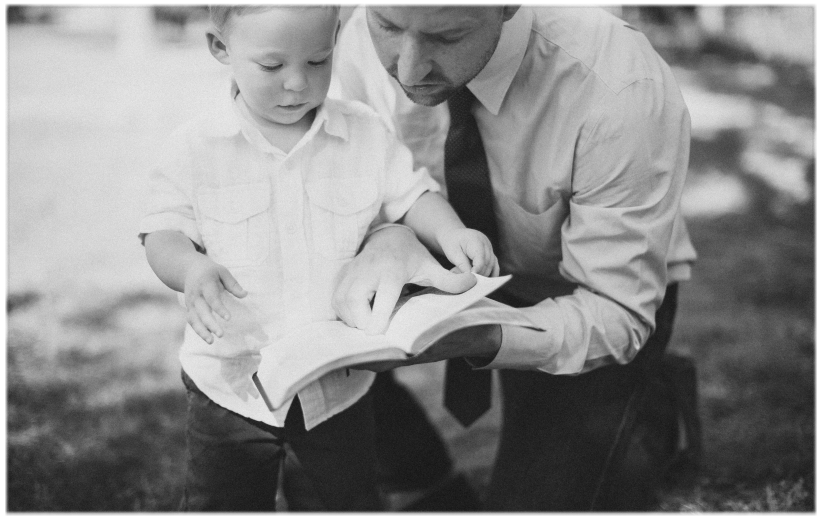
What makes you feel anxious? Stressed? Scared?

What do you think Jesus means when he says "Seek first the kingdom?"

What can we do as a family to rely more on Jesus every day?

Prayer

God... you are everything to us. Even when we don't see it, can't remember, or choose to ignore the fact that you are in control, it doesn't make it any less true. We need you. Our anxieties and fears have only driven us further into trying to solve this world with our own power. Thank you that you are more than enough for our family. Help us to rely on you.



The Story

We live in a world of anxiety. Whether it is school, work, family, the future, or the past... it seems like it all causes anxiety. If we are honest, it can be really hard to face anxiety and its root, the uncertainty that is a fact of our world. The assignment that has to get done, the hard decision, a fight to make a team, the fear of a diagnosis, and impending layoffs are the uncertain realities we live with and they can be debilitating. But when Jesus responds to the issue of anxiety in Matthew 6, his focus is less on the anxiety and more on that root cause, the uncertainty of life in a broken world. "Do not be anxious," he says. Even when we hear Jesus say those words, they sound too simple. What about that list of "what ifs" that keep us awake at night or the things we know we can't stop or control? But there in lies the truth Jesus is trying to show us in this passage; you and I simply are not enough for this life. We cannot control even the things we think that we can. But Jesus is enough. In our weakest and our strongest moments, he is already in control. "Your heavenly Father knows what you need," verse 32 says. The question is, can we rely on him for everything? Can He be our resting place, our support, our comfort, and our Deliverer? The wonderful truth in all of this is that he is already all of those things for us right now. He is carrying us right at this moment. His call is for us to learn that though we are not enough, he is everything.